LIU Brooklyn School of Health Professions  $\$  Public Health Association of New York City 1199 SEIU League Training and Upgrading Fund  $\$  Greater Brooklyn Health Coalition Greater New York Society for Public Health Education

present

# 7th annual Health Leadership "Aha!" Conference **Leading Through Change**

For

- Aspiring, rising, and existing public and community health leaders
- Leaders' key support staff
- Innovative health information technologists

# Friday, May 18

Main Conference 9:00am - 9:30am: Networking Breakfast 9:30am - 5:00pm: Conference

# Saturday, May 19

Post Conference Program 9:30am - 1pm: "Next Step" Workshop "Leader SHIFTEngineering SkillShop" Become more of a leader with Gitlin's "LESS"

## Special Guest: Todd Park U.S. Chief Technology Officer - Former CTO, U.S. Dept. of HHS LU Brooklyn

## **1 University Plaza, Brooklyn, NY 11201**

Trains to DeKalb, Nevins, or Hoyt/Schermerhorn; Across from Juniors Restaurant, Flatbush Ave.

REGISTRATION: http://Tinyurl.com/ILC-LIU2012

Information: www.liu.edu/brooklyn/ahaconference2012 or Inner.leader2012@brooklyn.liu.edu

#### 7<sup>th</sup> Annual Finding Your Inner Leader Health Leadership "Aha!" Conference: Leading Through Change



#### **Planning Committee**

**Patricia Alisme**, MPA, Director of Programs, Brooklyn-Queens-Long Island Area Health Network

K. Candis Best, JD, MBA, MS, PhD, Associate Chairperson/Associate Professor Community Health & Human Services, Brooklyn Campus, Director, Graduate Program in Human Services Leadership

Janice S. Bigler, MPH, CHES, Associate Director, Substance Use Section, AIDS Institute, New York State Department of Health

**Claribel Blake**, MPH, Associate Vice President, Health Education & Community Outreach |

**Nathan Boucher**, PA-C, MS, MPA, Manager, QI and Education, VNSNY Hospice and Palliative Care

**Vicki Breitbart**, EdD, LCSW, Director, Health Advocacy Program, Sarah Lawrence College

**Sharon Jaycox Daitz, MS** Regional Vice President, Program, Arthritis Foundation, Northeast Region

**Barry S. Eckert**, PhD, FASAHP, Dean, School of Health Professions, LIU Brooklyn

**Vicki Ellner**, Executive Director, Senior Umbrella Network of Brooklyn

**Thamar Ferdinand**, Program Associate, Brooklyn-Queens-Long Island Area Health Network

**Maria Garcia**, Brooklyn District Public Health Office, NYC Dept. of Health and Mental Hygiene

**Kimberly George**, Executive Director, Greater Brooklyn Health Coalition

Richard Gitlin, Director, The Gitlin Group

Karen Denard Goldman, PhD, MCHES (Chair), Associate Professor and Chair, Master of Public Health Program, LIU Brooklyn

**Lovetta Goodman**, Executive Secretary, Department of Public Health, LIU Brooklyn

**Joyce Y. Hall**, MPH, Executive Director, Federation of County Networks, Inc

**Gabrielle Kersaint**, MSPH, Executive Director, Brooklyn-Queens-Long Island Area Health Network

Judith H. LaRosa, PhD, RN, Vice Dean and Professor, School of Public Health, SUNY Downstate Medical Center

**Sara Lawrence,** MA, 1199 SEIU League Training and Upgrading Fund

**Young Lee**, Director of Training, Coney Island Hospital, HHC

**Patricia A. McGarry-Strizak**, MPH, Brookdale University Hospital and Medical Center

**Christina Ann Poopatana**, MPH, Quality Assurance Coordinator, Eye Bank for Sight Restoration; and Co-chair, Student and New Professionals Committee, Public Health Association of New York City

**R. Debra Shapiro**, PhD, MS, MCHES, Department of Health and Nutrition Sciences Brooklyn College, CUNY

Jody Ruth Steinhardt, MPH CHES, Compliance Manager, Met Council

**Scott Westervelt**, MS, Practicum Coordinator, Health Sciences and Public Health Programs, LIU, Brooklyn

#### 7<sup>th</sup> Annual Finding Your Inner Leader Health Leadership "Aha!" Conference: Leading Through Change Conference Agenda and Registration Form

Main Conference Friday, May 18 9:00 - 9:30am "SPEED DATING" STYLE NETWORKING BREAKFAST WELCOME, GREETINGS, OVERVIEW 9:30 - 9:45am 9:45 - 10:15am CHANGES THAT CHALLENGE PUBLIC HEALTH LEADERS Yvonne J. Graham – Associate Commissioner, NYSDOH Director, Office of Minority Health and Health Disparities Prevention **LEADING THROUGH CHANGE:** 10:15 - 11:15am **ACCEPTING LEADERSHIFT RISK** Richard Gitlin - Director, The Gitlin Group CONVERSATION WITH COURAGEOUS LEADERS 11:30am -12:30pm Lynda Curtis, Senior Vice President, Health and Hospitals Corporation Cheryl A. Hall, Executive Director, Caribbean Women's Health Association Vicki Ellner – President, Senior Umbrella Network of Brooklyn – Panel Moderator LUNCHEON DISCUSSION ROUNDTABLES 12:30 - 2:00pm Meet colleagues and share stories about the many types of changes that challenge public health leaders. Led by members of the conference planning committee. **CONCURRENT WORKSHOP TRACKS – Attend Track A or Track B!** Track A: Track B: Navigating "Change Challenges" Supporting "Change Challenges" For Administrative Assistant/Support Staff For Aspiring, Rising & Existing Leaders of Aspiring, Rising & Existing Leaders For this 2 hour session, select two\* dynamic discussions. How to be a public/community health leader Successful leaders need successful support... in times of changing... 2:00pm-3:50pm Attend this two-part workshop to learn Community Demographics Values complementary sets of critical skills: Employee Expectations Funding Streams Ethical Considerations Shrinking Budgets Politics/Policy Makers Policies How to Support Your Leader Health Care Delivery Models Technologies Workforce Preparation Demands Priorities How to Support Yourself While Supporting Your Leader \*(Each workshop is offered twice for 50 minutes each.) FEATURED SPECIAL GUEST SPEAKER Todd Park, Health Data Liberator & New US Chief Technology Officer 4:00 - 4:45pm **IGNITING THE ROCKET FUEL OF PUBLIC HEALTH I.T. INNOVATIONS** WRAP UP \* EVALUATION \* SOUVENIR GIFT \* CERTIFICATES 4:45 - 5:00pm "After 5": **REST & RELAXATION ACTIVITIES** Suggestions for DINNER an Evening in Brooklyn Eat, network, socialize at a choice of local restaurants; See website for list of participating restaurants.

#### Post Conference Program

#### Saturday, May 19 1/2 Day Workshop for Those Ready to Take the LeaderSHIFT Next Step

	"Leader <i>SHIFT</i> Engineering SkillShop"
9:30am-1:00pm	Become "MORE" of a leader with "LESS"
	Attend Gitlin's <u>L</u> eaderSHIFT <u>E</u> ngineering <u>S</u> kill <u>S</u> hop (LESS) and
	Get <b>MORE</b> ( <u>M</u> oving, <u>O</u> rganized, <u>R</u> esourced & <u>E</u> nlightened) as a Leader
	Richard Gitlin – Director, The Gitlin Group

#### TRACK A: WORKSHOP DESCRIPTIONS Navigating Through "Change Challenges" For Aspiring, Rising & Existing Leaders

#### Leading through...

#### Changes in Community Demographics Speaker: TBA

The community you work in used to have a particular demographic "profile", but that profile is now changing. It could be changing in terms of age, race, ethnicity, religion, gender, sexual orientation, income, education, employment status...but the point is, it's changing. How do you start or continue to lead in public health when the communities you serve are changing?

#### **Changes in Employee Expectations**

## **Speaker: K. Candis Best,** JD, MBA, MS, PhD Associate Chair, St. Joseph's College, Brooklyn Campus

You are or want to be a leader where you work. Your leadership challenge is that employees' expectations of you, the organization, and of work itself seem to be changing or have changed over time. Based on their titles, age, training and other factors, personnel seem to have very different goals. How do you lead employees whose attitudes toward work are changing/have changed over time?

#### **Changes in Ethical Considerations**

## **Speaker: Sophia Wong**, PhD, Associate Professor of Philosophy, LIU Brooklyn

You have noticed that the formal and/or informal codes and rules that people hold and use to govern are changing...that people's beliefs about what is right and wrong are changing or have changed. As a result, people's behavior at work in the office and the field is evolving. What impact could it have on you as a leader if your company, community or college changed the basis of what it considers to be ethical or moral?

#### **Changes in Politics/Policy Makers**

#### **Speaker: Christina Chang,** MPP, Deputy Commissioner, Policy & External Affairs, NYC Dept. of Health and Mental Hygiene

You are leading a community/public health initiative during an election year. The policy makers you usually work with may be gone soon. People with whom you are "at odds" may become key political and policy-making players. How do you lead effectively when elected officials and their appointees with whom you're used to working change?

#### **Changes in Health Care Delivery Models**

## **Speaker: Jeanne Dennis**, MSW, Senior VP, Visiting Nurse Service of NY Hospice and Palliative Care NYC

You are faced with a growing demand for expensive and acute care and, simultaneously, a shortage of key health care professionals to deliver that care in your hospital system, clinic, or health plan. How can you lead while making changes in how quality care is delivered?

#### **Changes in Workforce Preparation Demands**

Invited Speakers: S. Vincent Grasso, DO; Nilsa Gutierrez, MD, MPH, FACP; Jenny Tsang Quinn, Executive Director of NY Alliance for Careers in Health Care Call it degree or credential "creep", requirements for public health professionals/personnel are going up, up up: professions want more years of professional preparation and training, and they want more credentials. How do you lead in an organization or develop an effective workforce when the profession keeps changing the rules?

#### Changes in Core Values Speaker: TBA

In the effort to improve public health, you notice that recently people are placing more value on strategies that achieve more change faster (policy and environment change) and that seems to be at odds with another time-honored public health value: that people should be treated with dignity and respect. How do you lead in public health if and when its core values seem to be changing?

#### Changes in Funding Streams

#### **Speakers: Hildy J. Dillon**, MPH, Senior VP, Patient Services, Leukemia & Lymphoma Society; **Michele Disken Greco**, Regional Director, Public Policy & Advocacy at Arthritis Foundation, Inc., Northeast Region

The sources of funding for your programs have changed and this requires a shift in how you lead your organization in doing its business/achieving its mission. How do you lead during the potential turmoil of identifying new revenue sources and courting new financial supporters whose culture, values, priorities may differ from those of former funders?

#### **Challenges of Shrinking Budgets**

#### **Speakers: Daniel O'Connell**, Deputy Director, HIV, STI, HCV Prevention and Epidemiology, NYS Department of Health

With less and less money and fewer and fewer resources, leadership becomes more challenging than ever...or does it? How do you successfully lead community and public health projects, initiatives, and campaigns on a shoe-string given the stress your followers feel doing more with less?

#### **Changes in Policies**

## **Speakers: Dana Czuczka**, Sr. VP, Planned Parenthood, NYC; **Lois Uttley**, Director, MergerWatch Project/Raising Women's Voices

A city, state or federal policy that has made your work possible is under attack and seriously jeopardizes the future of your organization. Or, a policy that has stood in the way of you achieving your public health mission has been successfully defeated. The tables are turned. How do you successfully lead your group or organization through either of these situations?

#### **Changes in Technologies**

## **Speaker: Jack Powers**, Chairman, Advisory Council for Career & Technical Education, NYC Dept. of Education

Lately, it seems as if new medical, communication, marketing, educational and other technologies become available to health professionals every day! How does innovative technology enhance or inhibit how you lead and who gets to lead?

#### **Changes in Priorities**

## **Speaker: Nancy D. Miller**, LMSW, Executive Director, VISIONS/Services for the Blind and Visually Impaired

For financial, political, social, health, or other reasons, your organization's agenda has changed – previous priorities have to be put on the back burner and other issues must be given priority. How do you lead during a time when the cause that perhaps led to the formation of your group is "bumped" by a new or secondary issue or goal?

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#### TRACK B: WORKSHOP DESCRIPTION

#### Supporting "Change Challenges" For Administrative Assistants/Support Staff of Aspiring, Rising & Existing Leaders

Coordinator: Lovetta Goodman Speakers: TBA

If the person(s) you work with..... wants to be a leader

just got appointed to a leadership role

is a quickly rising leader

is an established leader...

who relies on you or should rely on you for support in achieving his or her leadership goals, this workshop is for you.

Successful leaders need successful support!

Topics to be discussed.

- Pre/misconceptions of "support staff" by the people we support
- Mutual positional stereotyping: How support staff and those they support see each other
- Titles and tasks: Why these never match up and therefore why we never measure up
- Coping with leaders who are different from us in terms of education/training; age/ generation; social; economic; religious; gender; sexual orientation; marital status and more
- Becoming an effective support staff person
- How we can support the leaders we serve
- Managing leaders
- Supporting yourself while supporting others



#### 7<sup>th</sup> Annual Finding Your Inner Leader Health Leadership "Aha!" Conference: Leading Through Change Post Conference Program

## "Next Step" Workshop: "Leader SHIFT Engineering SkillShop" (LESS)

Saturday, May 19 9:30am - Ipm

By attending LESS, your Leadership Future won't be what it might have been... it will be MORE!

Booker T. Washington said, "There are two ways of exerting one's strength: pushing down or pulling up."

The LESS session will show you how you go about shifting between a "Push Down Manager-Mode" and a "Pull Up Leader-Mode" to become a *real* leader at work – balancing the challenges of both managing and leading for results.

Are you ready/willing/able to make a leadershift?

(When your leadership comes in – will you be all set to embark?)

Ask yourself:

On a scale from 0-100, how certain am I that I am willing to become/stay a leader?

<u>If your answer was 99 or less, fill in the blank</u>:

What stands between me and being certain that I am willing to be a leader is:

This Skillshop will help you look at and act on some of the issues you've raised.

## Load the dice for your leadership success!

- Discover the Leadershift Advantage and how to leverage it at work
- Craft and practice deciphering your own Leadershift Equations easy reminders of how to lead
- Discover why leading is the ignored and neglected half of leadership
- Learn how to
  - Keep the virtues of your management practices from becoming the nemesis of your leadership potentials
  - Avoid wasting half the effort you will put into leadership
  - Navigate the leadership labyrinth find your way out of and cut through the leadership maze
- Develop "shift to fit" practices, e.g.: EILNST Managers go S\_\_\_\_\_, leaders L\_\_\_\_
- Expand your personal Leadership Reality Map figure out what your enlarged perspective might enable you to do that was impossible using your old Reality Map
- Acquire leadershift literacy e.g., "out of sight out of mind" vs "blind idiot"
- Learn 10 Rules and Realities of leadership (#1. When faced with realities, leaders change the rules)
- Discover why people who think they're leading really aren't and how to avoid that pitfall

This new half-day Skillshop is led by the ever-engaging, ever enlightening and ever-enRiching, Richard Gitlin, an organizational development specialist, featured in Inner Leader "Aha!" conferences since 2006.



## **Registration Form**

#### 2012 Health Leadership 'Aha!' Conference: Leading Through Change

**PLEASE PRINT CLEARLY**: All Early-Bird Registration information will appear in the Participant Roster given to all attendees unless you opt out by checking the box ( $\Box$ ) next to the information you do not wish to have appear.

#### I. REGISTRANT CONTACT INFORMATION

First Name		Middle Initial or Name	Last Name			□ Degrees/Certifications
Title/Position						
Organization/Comp	anySelf-Employed?Yes					
□ Street Address						
City/Borough	State	Zip Code	Co	untry		
🗆 Email			🛛 🗆 Day Phone	(	)	
			Cell Phone	(	)	
Professic Other: _ III. LUNCH			cWo  ES	rd of mo	outh	ouncement rell-earned, relaxing break!
IV. CHANG	<b>SE CHALLENGES</b> 1	RACKS: Choose ei	ther Track A	(and	2 topio	cs) OR Track B
TRACK A	registered for two on a f	irst-come, first-served basis	s. We will do ou <b>Indicate your</b> rations ctations mographics	r best to • <b>first ( </b>   	give you <b>), secon</b> I. Priori I. Values	ties s cs/Policy Makers
TRACK B		<b>port aspiring, new, and</b> operations and because you are a				n just for you because leaders

support to help them lead, to help promote and achieve their vision - to be a leader, too!

V. DINNER On your own with colleagues to recommended Local Brooklyn Restaurants

#### VI. CONTINUING EDUCATION and DONATIONS

CECH FOR CHES/MCHES – An application has been submitted for Category I Continuing Education Contact Hours (CECH) to award Certified Health Education Specialists (CHES) up to \_\_\_\_\_ CECH and Master Certified Health Education specialists (MCHES) up to CECH. SOPHE, including its chapters, is a designated multiple event provider of CECH by the national Commission for Health Education Credentialing, Inc.

Certificates of Participation, with objectives and hours attended, will be available to all for continuing education participation documentation purposes for other professionals.

**Donations** to support PHANYC and the LIU Public Health Club are welcome.

#### VII. REGISTRATION FEE CALCULATION Includes sessions, handouts, breakfast, lunch, and certificate of

attendance. Does not include dinner or continuing education costs.

EARLY-BIRD REGISTRATION:		Day 2	Both	<u>Optional</u>	
RECEIVED ON OR BEFORE MAY 14, 2012	Only	Only	Days	Cont. Ed.	<b>Donation</b>
Affiliates: members of organizations supporting the conference (planning, speaking, funding, promotion)		\$85	\$125	\$10	\$
Non-Affiliates: non-members of affiliated organizations	\$100	\$100	\$150	\$10	\$
Students (with ID card)	\$35	\$65	\$100	\$10	\$
CHWs, Seniors, Retirees	\$35	\$65	\$100	n/a	\$
	Total Payment \$				

LATE AND ON-SITE REGISTRATION:		Day 2	Both	<b>Optional</b>	
RECEIVED MAY 15-19, 2012	Only	Only	Days	Cont. Ed.	<b>Donation</b>
Affiliates: members of organizations supporting the conference (planning, speaking, funding, promotion)	\$125	\$125	\$150	\$10	\$
Non-Affiliates: non-members of affiliated organizations	\$150	\$150	\$200	\$10	\$
Students (with ID card)		<b>\$85</b>	\$125	\$10	\$
CHWs, Seniors, Retirees	\$50	\$85	\$125	n/a	\$

Total Payment \$\_\_\_\_

**ON-LINE REGISTRATION:** http://Tinyurl.com/ILC-LIU2012

MAIL REGISTRATION:

Mail check, money order or purchase order made out to "PHANYC" with this completed registration form to: ILC, LIU Brooklyn, I University Plaza, HS 201, Brooklyn, NY 11201. Please note: \$30 "Check Bounce Fee"

#### **VIII. SPECIAL NEEDS**

Check here for accessibility assistance; please specify: \_\_\_No; \_\_Yes: Check here for Kosher food requirement

No; Yes

#### **IX. PAYMENT**

Payment includes appropriate registration fee and, if appropriate, continuing education fee and donation.

PAYMENT INFORMATION PLEASE PRINT CLEARLY				
Purchase Order #: A copy of the purchase order AND any ID requirement				
Credit Card:VISA MasterCard AMEX	Card #: I_I_I_I_I_I_I_I_I			
Name on Card: Security #:				
Expiration Date:/		The 3 or 4 digit number on the back or front of your credit card.		
Billing Address:				
Authorized Signature:				

#### X. QUESTIONS?

www.liu.edu/brooklyn/ahaconference2012 or Inner.leader2012@brooklyn.liu.edu or 718-488-1256